

# **NY Project Hope**

## **Coping with COVID**



# **Nassau County Providers**

These NY Project Hope provider agencies in Nassau County understand what you are going through. Talking to them is free, confidential, and anonymous. Talk to someone who is trained, knowledgeable, and can connect you with other local resources.

## **Charles Evans at Glen Cove**

**(516) 676-2388 x4 | [www.charlesevanscenter.org](http://www.charlesevanscenter.org)**

## **Hispanic Counseling Center**

**516-538-2613 x245 | [www.hispaniccounseling.org](http://www.hispaniccounseling.org)**

## **Long Island Federally Qualified Health Center**

**516-992-4673 | [www.lifqhc.com](http://www.lifqhc.com)**

## **Mental Health Association of Nassau**

**516-500-4847 | [www.mhanc.org](http://www.mhanc.org)**

## **Mt. Sinai South Nassau Mental Health**

**516-377-5400 | [www.southnassau.org](http://www.southnassau.org)**

## **New Horizon Counseling Center**

**855-818-4673 | [www.nhcc.us](http://www.nhcc.us)**

# NY Project Hope

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# Suffolk County Providers

These NY Project Hope provider agencies in Suffolk County understand what you are going through. Talking to them is free, confidential, and anonymous. Talk to someone who is trained, knowledgeable, and can connect you with other local resources.

### Association for Mental Health and Wellness

(631) 471-7242 x1800 | [www.mhaw.org](http://www.mhaw.org)

### EAC Network

(516) 510-0282 | [www.eac-network.org](http://www.eac-network.org)

### Empowerment Collaborative of Long Island

(631) 913-8655 | [www.empowerli.org](http://www.empowerli.org)

### Hispanic Counseling Center

516-538-2613 x245 | [www.hispaniccounseling.org](http://www.hispaniccounseling.org)

### Long Island Coalition for the Homeless

(631) 464-4314 x116 | [www.addresssthehomeless.org](http://www.addresssthehomeless.org)

### OLA of Eastern Long Island

(631) 500-0837 | [www.olaofeasternlongisland.org](http://www.olaofeasternlongisland.org)

### New Horizon Counseling Center

855-818-4673 | [www.nhcc.us](http://www.nhcc.us)

### Youth Enrichment Services

631-481-9700 | <https://www.yesnews.org>